

Support Group for Parenting after FDV

How to support children through recovery from family violence

EXPRESSION OF INTEREST

Commencing 2025

- Are you a parent who has left FDV and reached some stability for your family?
- Are you navigating parenting in recovery from these experiences?
- Are you concerned about how to communicate with your children and support them to heal?
- Do you have children who would benefit from attending a group with other children to understand their experiences?

This psycho-educational program is designed to help parents and children understand their experiences, and parents develop skills to best support and communicate with their children. The child group will run concurrently with the parent support group, with parents and children joining at the end to share their skills together.

If you are interested or would like to learn more, please contact Kathryn or Sophie on:

02 4914 0444
or
info@mfss.com.au

Confidentiality is assured

