



**At times ALL parents feel lost or without a clue about what our child might need from us.**

Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security® Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

**Facilitated by:** Maitland Family Support & Woodberry Schools as Community Centre

**Who should attend:** Parents with children aged 0-6 yrs.

**Location:** Place of Friends – Woodberry Public School (Lawson Ave, Woodberry)

**Dates:** Monday 4th May to 15th June (6 Week Program)

**Time:** 12:30pm- 2:30pm

**Cost:** FREE

**Register:** Phone 4914 0444

Light refreshments provided for afternoon tea.  
**Limited childcare available.**

**Learning Objectives of the Program:**

- Understand your child’s emotional world by learning to read the emotional needs
- Support your child’s ability to successfully manage emotions
- Enhance the development of your child's self esteem
- Honor your innate wisdom and desire for your child to be secure

